

QUICK TIPS BACKYARD BBQ #GRILLON



TIP 01: FOOD SAFETY

- Never leave raw meat, or any perishable food out at room temperature for more than two hours (one hour if it's above 90° F).
- If refrigerated, keep food at 40° F or below. Use fish, ground meat and poultry within one or two days; and beef, steaks and chops within five days.
- **3** Use an <u>instant-read food thermometer</u> or our new <u>iGrill thermometer</u> to make sure meats have reached a safe internal temperature.
- Prevent cross-contamination by not using the same platter or utensils for raw and cooked meat.

TIP 02: INTERNAL FOOD TEMPERATURES

Pork	145° F	
Ground Beef	160° F	
Chicken	165° F	
Steak Steak	Rare: 120°-125°F Medium Rare: 125°-135°F Medium: 135°-145°F Medium Well: 145°-155°F Well Done: 155°+F	

TIP 03: BACKYARD AND BBQ GRILL GUIDE

	FOOD	THICKNESS / WEIGHT	APPROXIMATE GRILLING TIME
BURGERS		3/4 inch thick	8 to 10 minutes direct medium-high heat (400°-450°F), turning once
BRATWURST, Fresh		3 ounce link	10 to 12 minutes direct medium heat (350°-450°F), turning occasionally
PORK CHOPS, Boneless		1 inch thick	8 to 10 minutes direct medium heat (350°-450°F), turning once
STEAK		1 inch thick	6 to 8 minutes direct high heat (450°-550°F), turning once

TIP 04: QUICK CLEANING

- Use a scraper to chip away any built-up debris along the sides and bottom of the cookbox (gas grills) or bowl (charcoal grills).
- One check and clean the grease tray on gas models before grilling to remove excess grease.
- Clean the grates before you grill by letting the grill preheat on high for 10-15 minutes, then brush the grates with a <u>stainless steel brush</u>.
- When the grill is cool, brush or scrape off built-up carbon on the underside of the lid.
- Once or twice a year, clear the burner tubes on your gas grill of rust and debris by brushing across them, not down the length of the burner with a clean stainless steel brush.



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